

## Mixed-Media Acrylic Painting Workshop

Special items needed for the workshop:

Essential:

- A set of Heavy body acrylic paints  
I recommend Cryla Artists Acrylics or Liquitex Heavy Body acrylic paints. Best of the cheapest = Daler Rowney Graduate acrylic paint, system 3, Galeria made in *France*. Ones that I *do not* use, as they are thin and do not layer up well, in my opinion = royal Langnickel, Galeria made in *China*.  
Small 20ml tubes will not be good value, but if that's what you have, make sure you have plenty of white and a good green.  
*I often work with System 3 paints used in combination with Cryla Titanium White and Cryla Yellow-Green as I use those the most on top layers.*
- Selection of sizes of paintbrushes that are made to work with **acrylic** paint - filbert and flat bright. Try to bring at least one that is bigger than you would usually use - half inch, three quarters inch or one inch wide flat brush. Also, a mop brush if you have one - the type you use with watercolour
- Surfaces to paint on - Canvas panels or an A3 size acrylic pad or sturdy paper, or even cardboard!
- Drawing board (to tape your paper onto if you are not using a pad or canvas panel)
- Palette - must be flat, not the type with indented 'wells'. Plastic or paper plates are good. Tinfoil wrapped around a chopping board is good.
- A good selection of images of interesting Mid Wales landscapes (in case of inclement weather). Find ones where the light contrast is vibrant.
- Pencil
- Glue
- Newspaper
- Masking tape
- Apron
- Scissors

Optional:

- Oil pastels, coloured pencils and crayons, inks and watercolours if you have some. Great for experimentation
- An old plastic store card/ bank card if you have one (nice and flexible for applying paint)
- A palette knife - plastic or metal. Diamond shaped ones are good for mixing and applying paints
- Tissue paper (white), and any textured papers or fine mesh materials and string you collect
- You may wish to bring a portable easel, a folding picnic table and folding seat
- Kitchen sponge for applying paint

**Don't be put off by this list - so long as you have a good set of paints, we can do amazing things with rags and fingers!**

If you absolutely do not want to use acrylics, then bring along your choice of medium - oils, inks, watercolours.